

**EUPEA DECLARATION OF MADRID / AMSTERDAM**  
**27th of October 1991 – amended 17 October 2009 in Amsterdam**

1. There is a need to promote and defend physical education as a core subject in the school curriculum. 'No education without physical education'.

Therefore it is necessary to:

- 1.1 seek to maintain or achieve compulsory physical education for the period of formal schooling;
  - 1.2 recognize the contribution of physical education within higher education;
  - 1.3 seek sufficient curriculum time in schools for physical education;
    - 1.3.1 early grades of schooling – daily P.E. (eg. up to 11 or 12 years of age)
    - 1.3.2 later grades of schooling – 3 hours per week as outlined in the European charter;
  - 1.4 demand that physical education, as a critical aspect of education must be delivered by teachers who are properly qualified in this subject; within the concept of education existing in each country.
2. There is a need to promote the academic study and the practice of physical education as an important discipline in its own right.
  3. There is a need to develop the exchange of information on physical education in Europe as a basis for lobbying national governments and European bodies and organisations.
  4. There is a need to explore a minimum European curriculum for physical education and to ensure the provision of resources to implement it.
  5. There is a need to promote in-service training for European teachers through courses, conferences and workshops, supported by the National Governments and the European Institutions.
  6. There is a need to develop links with influential European bodies and organisations whose activities impinge upon physical education.
  7. There is a need to emphasize the holistic approach to Physical Education as a subject for health empowerment and teaching/learning values and ethics.